

"From Incurable to Incredible is a book that everyone should read because it is filled with the wisdom of those who have confronted their mortality and let it become their teacher. When we learn to nourish our lives, we pay attention to our hunger for living. We use it to guide us and heal our lives. Curing our bodies is a side effect."

Bernie Siegel, M.D.

Author of *Love, Medicine and Miracles*; and *Faith, Hope and Healing*

www.berniesiegelmd.com

"From Incurable to Incredible is a wonderful compilation of true stories of people who created health in the face of what most thought were insurmountable odds. As someone who healed what experts said was an incurable disease, I was touched and reminded through Tami's book of the power we all have to create the reality we desire.

"The individuals' approaches differ, but there is a common thread that runs through each story. They all said no to the negative prognosis of 'incurable,' but most important, they said yes to health. It can be difficult to stay focused on healing when we are engulfed in sickness, pain, and fear. But as these stories show us, we must never give up. Sometimes we start with only hope, but if we persist, we can succeed. Love yourself and step forth with a faith knowing, 'all things are possible if only you believe.'"

Terry McBride

Author of *The Hell I Can't*

www.terrymcbride.net



About the Author

Tami Boehmer lives with her husband Mike, daughter Chrissy, and furry feline AJ in Cincinnati, Ohio. In February 2008, she was diagnosed with a stage IV breast cancer recurrence—months after celebrating her five-year, cancer-free anniversary. Unwilling to accept a grim prognosis, she decided to find survivors nationwide who beat the odds, living years past what doctors predicted. She shares these stories, as well as valuable information on healing the body, mind, and spirit, on her Web site and blog at

www.miraclesurvivors.com.

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Ten percent of the author's proceeds will go to the Lance Armstrong Foundation.



Tami Boehmer

From Incurable to Incredible

FROM
incurable

TO
incredible

Cancer survivors who beat the odds

Tami Boehmer

with forewords by

Bernie Siegel, M.D., bestselling author of *Love, Medicine and Miracles*

Doug Ulman, president of the Lance Armstrong Foundation

